

VISITING ANGELS TIMES

APRIL 2021

THE OLD FARMER'S ALMANAC

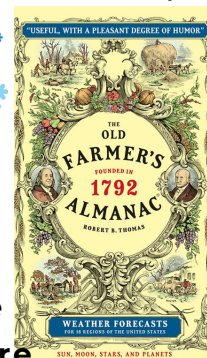
Founded in 1792, the Farmers' Almanac mixes a blend of long-range weather predictions, humor, fun facts, and advice on gardening, cooking, fishing, conservation, and other topics.



The Old Farmer's Almanac publishes four editions per year. Its annual circulation is 3 million copies.



It's accuracy has been challenged by some over the years because most predictions are forecasted 18 months in advance



EASTER APRIL 4



APRIL SHOWER BRINGS MAY FLOWERS

In April you can still plant
Bare root perennials
Summer blooming annuals
Flowering shrubs and citrus

Enjoy the Summer Beauty!

UPDATE

Pueblo's COVID hotline,
719-583-4444, remains
open, offering
information on local
health and business
operations concerns
regarding the pandemic.
Testing now at the
Pueblo Mall Location

Rest assured! Visiting Angels Are At Your Door!

Visiting Angels provides seniors and adults with the needed assistance to continue living at home. With our local agency in your community and hundreds of Visiting Angels agencies across America, our mission is to maintain the independence and familiar surrounding for those in need of care.



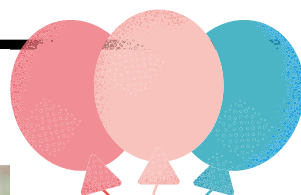
Why join us:

- Available 24 hours /7 days per week
- More than just senior care
- Personalized plans to fit your needs
- Choose your caregiver
- Comprehensive background check on all employees
- Experienced Caregivers
- Making relationships
- Best in Home Care
- Providing "Peace of Mind" since 1998 across America

FREE
CONSULTATIONS
(719) 543-4220

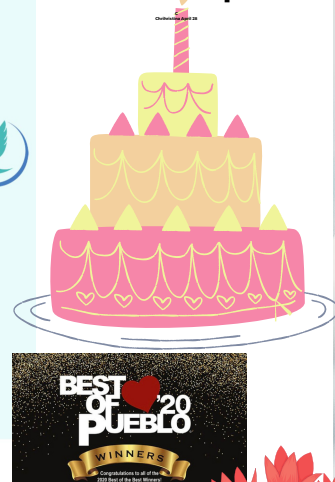
VisitingAngels®
QUALITY AT HOME CARE

Bathing/Dressing Assistance
Grooming
Assistance with walking
Medication reminders
Errands/Shopping
Light Housekeeping
Meal preparation
Friendly Companionship
Respite care



HAPPY BIRTHDAY

Christine April 13
Hannah April 21
Billie Jo April 22
Carissa April 26
Christina B April 28



For further details, call is at (719) 543-4220

543-4220

2628 N. Elizabeth St
Pueblo, Co 81003

Free Consultations

VisitingAngels®

QUALITY AT HOME CARE





Parkinson's Awareness Month

April is Parkinson's Awareness Month

Signs of Parkinson's Disease

Tremor
Slowed movement
Rigid Muscles
Impaired posture and balance
Loss of automatic movements
Speech Changes
Writing Changes



DID YOU KNOW?



Parkinson's disease is a brain disorder that leads to shaking, stiffness, and difficulty with walking, balance, and coordination. Parkinson's symptoms usually begin gradually and get worse over time. Medication and therapies can help with the side effects of the disease. There is no known cure for Parkinson's Disease. See your doctor regularly to keep them informed of any changes in your health.

Ingredients

1 tube (8 Oz) refrigerated crescent rolls
8 hot dogs
1 egg, lightly beaten

Directions

Preheat oven to 375*.
Separate crescent dough into triangles. Place hot dogs at wide ends of triangles and roll up. Place on ungreased baking sheet. Combine egg and water, brush over rolls. Sprinkle with Caraway over tops press lightly
Bake 12-15 minutes or until golden brown.



MUSIC THERAPY
FOR ALZHEIMER'S 

Music Therapy for Alzheimer's patients. Singing **songs** can provide emotional and behavioral benefits for people with **Alzheimer's disease** and other types of **dementia**. Musical memories are often preserved in **Alzheimer's disease** because key brain areas linked to musical memory are relatively undamaged by the **disease**.

Now Hiring



Be an Angel

HOME CARE
PUEBLO
COLORADO




Your Life.
Your Way.
Your Home.



719-543-4220

543-4220



**Getting started
with home care is
as simple as
calling us**